

Mary Washington ElderStudy

Spring Schedule: January – June 2018

(as of 24 November 2017)

On the web, changes are marked in red.

January

Tuesday January 9 10am–noon CLL	Can the Republic Survive? Higher Education in the Age of Accelerations Troy Paino	Dr. Troy Paino, President of UMW, will present his views on globalization, climate change and the microchip that have caused us to feel like we just cannot keep up. The speed of technological change alone has made it almost impossible for individuals and societies to adapt and absorb those changes. Digital technology is driving much of the change. The twin forces of the microchip and internet have introduced a form of communication that has destroyed the traditional institutional constraints on what can be said and when and where it can be said. This has created a world where it is increasingly difficult to discern what is true let alone what is important. Higher education is charged with preparing the next generation of citizen leaders amid this disruption in how we live, think and communicate. How is it doing? (Sponsored by Joe Alfred)
Wednesday January 10 10am–noon CLL	Election Fairness and the Constitution Steve Bacon	Dr. Steve Bacon, Professor of Political Science and International Affairs, will discuss the problems surrounding the fairness of our elections, including the Constitutional issues involved, focusing on Citizens United v. FEC (campaign finance) and Gill v. Whitford (partisan gerrymandering). (Sponsored by Carolyn Sulima)
Wednesday January 10 1pm–3pm CLL	Chemistry of Food Kelli Slunt	UMW Professor of Chemistry Kelli Slunt returns to ElderStudy to explore the science behind taste and flavor and recent advances in the culinary sciences. Participants will learn about the sensations of taste and smell and the impact of the senses on flavor. In addition, unique food pairings, flavors, and food preparation methods will be discussed. (Sponsored by Carolyn Sulima)
Thursday January 11 10am–noon CLL	Heartfulness: Inner Organization through Meditation and Cleaning Techniques Jagadish Tadepalli	The participants will be introduced to Heartfulness, a scientific, practical introduction to the yogic techniques of relaxation, meditation with Yogic Transmission, cleaning of the subtle body, and connection with the Source through the prayerful state. Seekers will learn the basic techniques of relaxation and meditation with take home tips for continued practice and sustainment. (Sponsored by Carolyn Sulima)
Thursday January 11 1pm–3pm UMW Stafford Campus Library	Book Group — A Piece of the World by Christine Baker Kline Sherrill Bartholomew	Inspired by Wyeth's <i>Christina's World</i> the author begins with the few facts known about Christina and creates a gripping work of historical fiction that brings to life "the girl in the field" and the rural American life in which she lived. (Sponsored by Dot Meyers)

<p>Tuesday January 16 10am-noon CLL</p>	<p>The Confederate Battle Flag John Coski</p>	<p>Recently symbols of the Confederate States of America that appear in public spaces have evoked significant controversy. Dr. John Coski of the American Civil War Museum in Richmond wrote a book in 2006 using his signifiant research into one of these symbols, the Confederate Battle Flag. Dr. Coski will present a discussion of the flag's history, its meaning to different groups and how that meaning continues to evolve over time. (Sponsored by Dennis Van Derlaske)</p>
<p>Tuesday January 16 1pm-3pm CLL</p>	<p>Alice Roosevelt and Dorothy Parker: Two Women Who Challenged the Conventions of Their Time Elaine Flynn</p>	<p>Elaine Flynn has been giving fun and informative historical presentations for over a decade. The first hour, she will portray Dorothy Parker, who was the wittiest woman of the 1920's and considered a legend in her own time. Dorothy's accomplishments included: screenplay for <i>A Star Is Born</i> writer of short stories, a best selling poet and columnist for <i>Vanity Fair</i>, the <i>New Yorker</i> and many other magazines. The second hour, Elaine will portray Alice, Theodore Roosevelt's eldest daughter. She will bring Alice to life as she presents <i>Scandals in the City</i>. If the headlines of today's political scandals make you shake your head in disbelief, wait until you hear Alice "dish the dirt". (Sponsored by Carolyn Sulima)</p>
<p>Wednesday January 17 9am-5pm CLL CLASS - RSVP</p>	<p>AARP Smart Driver Course Nell Allen-Rollins</p>	<p>You will learn defensive driving techniques, proven safety strategies, new traffic laws and rules of the road. Plus, there are no tests to pass. You simply sign up and learn. Upon completion you could receive a multi-year discount on your car insurance. Cost is \$15 for AARP members and \$20 for non-members. Bring AARP card and check made out to "AARP." Attendance limited; you must register with Alan Zirkle at az@azirkle.com or at (540) 373-6448. Note: This is an eight-hour course; bring lunch to eat during the course (no lunch break). Do not sign up unless you can stay the full time. (Sponsored by Alan Zirkle)</p>
<p>Thursday January 18 10am-noon CLL</p>	<p>An African Photo Safari Mike Redding</p>	<p>ElderStudy member Mike Redding will share photos of his 2015 trip to Africa. The trip included twelve days in safari camps in Zimbabwe, Zambia and Botswana and ended with visits to Victoria Falls in Zimbabwe and to Cape Town in South Africa. (Sponsored by Mike Redding)</p>
<p>Thursday January 18 1pm-3pm CLL</p>	<p>Curriculum Committee Meeting I</p>	<p>The Curriculum Committee is responsible for planning the approximately 40 programs that are scheduled each semester. We are always looking for that next new idea on our journey to lifelong learning. Come join us and help us develop stimulating and interesting programs. (Chaired by Joe Alfred)</p>
<p>Tuesday January 23 10am-noon CLL</p>	<p>A Look at Physical Therapy Today Travis Stoner, MD</p>	<p>Dr. Travis Stoner, the owner of Fusion Physical Therapy in Fredericksburg, will discuss the profession of physical therapy, covering different types of P.T., training required, current issues and future trends. He will explain how a physical therapist would deal with issues impacting people of our age group, such as balance, vertigo and various forms of rehabilitation. He will also discuss his relationship with other health providers such as doctors, chiropractors and insurance companies. (Sponsored by Bill Wemmerus)</p>

Tuesday
January 23
1pm-3pm
CLL

Foundational Nutrition: An Alternative to Prescription Medications
Donna Hetrick

Certified Clinical Nutritionist, Blood Chemistry Analyst and Certified Personal Trainer Donna P. Hetrick will share her TOP 10 WAYS TO ACHIEVE OPTIMAL HEALTH and avoid prescription medicine. According to data collected by the National Center for Health statistics, poisoning by prescription drugs has now surpassed car accidents as the leading cause of accidental death in the United States. It has become quite clear that avoiding drugs is a good idea if you want to live a long and healthy life. Join us to learn how you can slow the appearance of aging with diet, exercise and nutrition. (Sponsored by Peggy Gratz)

Wednesday
January 24
10am-noon
CLL

Modern Turkey
Nabil Al-Tikriti

UMW Professor of History and American Studies Nabil Al-Tikriti will discuss what has been happening in Turkey since the coup attempt of 15 July 2016. (Sponsored by Phil Hall)

Wednesday
January 31
10am-noon
CLL

Historic Photographic Processes
Rosemary Jesionowski

UMW Professor of Art Rosemary Jesionowski will include in this lecture an in-depth look at the photographic processes that ruled the late 19th century, including salted paper and albumen printing. She will present slides as well as physical examples of several processes. (Sponsored by Mary Ann Stana)

February

Thursday
February 8
10am-noon
CLL

Frauds and Scams Against Seniors
Jim Hamilton

Stafford County Deputy Jim Hamilton will explain current frauds and scams against seniors. He will focus on who is trying to get their hand in your wallet, their methods, the best ways to prevent it and what to do if victimized. (Sponsored by Charlie Fennemore)

Thursday
February 8
1pm-3pm
UMW Stafford
Campus Library

Book Group — *A Gentleman In Moscow* by Amor Towles
Kay McKinney

The author skillfully transports us to the Metropol, the famed Moscow hotel where movie stars and Russian royalty hobnob, where Bolsheviks plot revolutions, where intellectuals discuss the merits of contemporary Russian writers, where spies spy, thieves thieve, and where the dangers of twentieth century Russia lurks outside its marbled walls. (Sponsored by Dot Meyers)

Tuesday
February 13
10am-noon
CLL

Fighting for Their Freedom: The United States Colored Troops
Steward Henderson

Steward Henderson, a historical interpreter at the Fredericksburg and Spotsylvania National Military Park, will discuss the history of African Americans as soldiers in the Union army during the Civil War. His topics will include: the roles of black men before they were accepted as soldiers in the Union army; the recruiters for the USCT; the unusual story of the Louisiana Native Guard; the first units that were formed, to include the Bureau of Colored Troops, the 54th Massachusetts Infantry, the 23rd USCT and the 4th Division of the IX Corps. Steward will discuss their role in the battles of Wilson's Wharf, Petersburg, New Market Heights and Nashville. (Sponsored by Mike Redding)

Wednesday
February 14
10am-noon
Klein Theatre

Play Discussion — *Dead Man's Cell Phone* by Sarah Ruhl
Cate Brewer

A cell phone rings in a quiet cafe. Unable to stand the incessant ringing at a nearby table one second longer, Jean answers the phone and makes a fateful discovery. Suddenly and unwittingly, she is obliged to deliver some auspicious news to Gordon's callers while playing comforter and counselor to those he left behind. Zany, unexpected and gorgeously lyrical, Sarah Ruhl's *Dead Man's Cell Phone* affirms the vivacity of life while wrestling with how our beloved technologies both bind us together and isolate us from the people we love. Tickets will be available during and after class - Box Office 654-1124. The parking lot across from Klein should be reserved for ElderStudy. ElderStudy members may bring non-member guests to this session.
(Sponsored by Bob and Carole Hanus)

Wednesday
February 14
1:30pm-3pm
Ridderhof Martin Gallery

Spring UMW Gallery Tour I
Rosemary Jesionowski

We will begin the program with a visit to the Ridderhof Martin Gallery and then proceed to the duPont Hall Gallery ElderStudy members receive a personal discussion of each current exhibit by the director or curator of the UMW Galleries. You may choose to dine in the Maple Room on the fourth floor of the University Center (site of the former Chandler Hall) at a reduced rate before the tour. **NOTE UNUSUAL START TIME.** (Sponsored by Mary Ann Stana)

Thursday
February 15
10am-noon
CLL

Hidden Beneath the Layers: New Discoveries at Mary Washington House
Michael Spencer

Michael Spencer, Associate Professor and Director of the Department of Historical Preservation at UMW, will discuss the past eight years at Mary Washington House, including the intensive re-evaluation to better determine what the house might have looked like during Mary Washington's lifetime. The findings have dramatically changed how we interpret the building from its design and even its original color. This lecture will present highlights from this recent work including 3-D models and videos showing what the site might have looked like during the late 18th century. (Sponsored by Margareta Williamson)

Thursday
February 15
1pm-3pm
CLL

Curriculum Committee Meeting II

The Curriculum Committee is responsible for planning the approximately 40 programs that are scheduled each semester. We are always looking for that next new idea on our journey to lifelong learning. Come join us and help us develop stimulating and interesting programs. (Chaired by Joe Alfred)

Tuesday
February 20
10am-noon
CLL

Magna Carta - Then and Now
Joe Alfred

ElderStudy member Joe Alfred will discuss the events leading up to the signing of the Magna Carta by King John in 1215, what it says and how many times it was re-issued. The question in the 13th century was, "Is the king above the law?" The question today is, "What are the limitations of the president's war powers?" (Sponsored by Joe Alfred)

Tuesday
February 27
10am-noon
CLL

Alternatives to Traditional Public School Education
Christy Irish

Dr. Christy Irish, Associate Professor at UMW, will discuss departures from education orthodoxy: vouchers, home schooling, charters schools and more. (Sponsored by Phil Hall)

Wednesday
February 28
11am-noon
CLL

Membership Committee Meeting I

The Membership Committee handles publicity, the newsletter, maintaining the website and planning social events. Members are always welcome to attend our meetings. **NOTE UNUSUAL START TIME.** (Chaired by Donna Lewis)

Wednesday February 28 1pm-3pm CLL	Administrative Committee Meeting I	The Administration Committee develops policies and plans for operating the organization. It reviews governing documents, updates the Policies and Procedures, monitors finances and projects future needs, proposes the annual budget and member fees. Members are always welcome to attend our meetings. (Chaired by John Thompson)
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March

Thursday March 1 10am-noon CLL	Saving Monticello: The Levy Family's 89-Year Stewardship of Thomas Jefferson's 'Essay in Architecture' Marc Leepson	The noted historian, journalist and author Marc Leepson will present a lively account of Monticello's ownership after Thomas Jefferson's death. He will provide the fascinating details that surround Monticello's owners and how they twice saved the house from ruin. (Sponsored by Charlie Fennemore)
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Tuesday March 6 10am-noon CLL	From Tuscany to Virginia, Italians in the New World Scott Walker	Most people think of Italian-Americans as entering this country, sailing by the Statue of Liberty and winding through health checks at Ellis Island into the cities of the industrial Northeast. This talk focuses on a group brought here in the 1700s to cultivate grapevines. Their ancestors are still here! Listen to the full story of this interesting slice of Virginia history. Wine and Thomas Jefferson are involved. (Sponsored by Mary Ann Stana)
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Wednesday March 7 10am-noon CLL	Board of Directors Meeting	Board meetings are open to all ElderStudy members. Come and witness firsthand the decision-making process that ensures that ElderStudy is meeting its objectives. This is a chance for all members to suggest new ideas for the organization directly to the Board and to committee chairpersons. (Chaired by President Jack Allison)
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Thursday March 8 1pm-3pm UMW Stafford Campus Library	Book Group — <i>Destiny of the Republic</i> by Candice Millard Keith Morganheim	This book is about the assassination of James Garfield and includes attempts to save his life by none other than Alexander Graham Bell. But more importantly, it reveals a man who might have become a great president. (Sponsored by Dot Meyers)
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Wednesday March 14 10am-12:30pm CLL	The Academy Awards Best Pictures: The New Millennium — 2000-2004 Gary Olsen	The breakneck advances in computer graphics continued to impact films as moviemakers were constantly pushing technology to create stunning visuals never seen before. With the popularity of DVDs, DVRs and video streaming, Hollywood could expand its sources of revenue beyond the big screen theaters. Academy Awards Best Picture nominees such as <i>Gladiator</i> , <i>Lord of the Rings</i> and <i>Master and Commander</i> had great appeal for those who wanted to see their movies on the big screen in pure epic fashion, while smaller films such as <i>The Pianist</i> , <i>Mystic River</i> and <i>Sideways</i> attracted sizable audiences that were looking for more sophisticated adult narratives. (Sponsored by Alan Zirkle)
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Thursday March 15 1pm-3pm CLL	Curriculum Committee Meeting III	The Curriculum Committee is responsible for planning the approximately 40 programs that are scheduled each semester. We are always looking for that next new idea on our journey to lifelong learning. Come join us and help us develop stimulating and interesting programs. (Chaired by Joe Alfred)
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Wednesday March 21 10am-11am CLL	Medical Care for the Very Elderly Wayland Marks	Dr. Marks will address the medical issues and care of individuals in their 80's and 90's, why the current approach to their medical care is unsatisfactory and what are some suggested remedies. He will review some suggestions to help individuals prepare for their 80's and 90's. (NOTE: This program is an hour long presentation and immediately preceeds our Spring General Membership Meeting) (Sponsored by Chuck Johnson)
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Wednesday March 21 11am-12:30pm CLL	General Membership Meeting	This is the open forum designed to communicate directly with your fellow members, to better learn how ElderStudy works, to better understand the issues that are facing the organization, and to vote on those critical issues facing us. In addition, new members can meet and develop friendships with like-minded persons, and long term members can renew old friendships. A delicious table of drinks and goodies makes the meeting even more enjoyable. (Chaired by President Jack Allison)
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Tuesday March 27 10am-noon CLL	The Big Store Dennis Van Derlaske	ElderStudy member Dennis Van Derlaske will present a history of American department stores from their birth, to their prime, and to their decline. For a growing country with expanding urban centers, the department store represented a radical change from the way mercantile trade had been conducted. We will look at the rise of the department store in America and how it changed the concept of "shopping" for goods and how the evolution of shopping might portend the end of department stores as we know them. Along the way we will explore some of the idiosyncrasies of the largest urban department store, the Herald Square Macy's, and why this store operates differently from most other department stores. (Sponsored by Dennis Van Derlaske)
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Wednesday March 28 10am-noon CLL	Furniture - Antiques Restoration Ed Fox	Learn about furniture and antiques restoration and experience a demonstation of rushing and splinting procedure involving caning of a ladder back chair. (Sponsored by Michelle Esbenshade)
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April

Tuesday April 3 10am-noon CLL	From Apples to Alchemy: The Inspirations and Insights of Isaac Newton Leanna Giancarlo	While Sir Isaac Newton may "have seen further than others," it was not just by "standing on the shoulders of giants" but rather because of his keen scientific intuition, mathematical prowess, and personal insecurities. A scientific revolutionary, Newton is best known for his ideas on forces and motion, especially his development of the law of gravity, and the establishment of the scientific method. Newton, however, was also a closet alchemist, and his dabbling in this illicit practice likely inspired his theories on the inner workings of nature. (Sponsored by Phil Hall)
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<p>Wednesday April 4 10am-12:30pm CLL</p>	<p>The Academy Awards Best Pictures: Hollywood Goes International — 2005-2009 Gary Olsen</p>	<p>The Academy always appreciated internationally-produced and foreign-themed films, but this five-year span recognized by the Academy was especially noted for the number of nominated pictures shot in foreign locales and employing overseas film crews, such as Munich, <i>Babel</i> and <i>The Reader</i>. The Academy also nominated a record high number of international film productions that included England (<i>The Queen</i>, <i>Slumdog Millionaire</i>) and Canada (<i>Juno</i>) among other countries that weren't on the domestic movie radar before this period. (Sponsored by Alan Zirkle)</p>
<p>Thursday April 5 10am-noon 120 Chatham Lane, FVA 22405 TOUR</p>	<p>Chatham as a Plantation John Hennessy</p>	<p>A Chatham Manor Plantation Walking Tour given by Chief Historian John Hennessy that looks at the elements of the plantation landscape that remain and the realities of plantation life for both the owners and the enslaved people who sustained Chatham. DIRECTIONS: On Kings Highway cross the Chatham Bridge over the Rappahannock River from Fredericksburg into Stafford. At the 1st traffic light turn left onto Chatham Heights Road. Turn left onto Chatham Lane (the first road on the left). Drive down Chatham Lane to the entrance of Chatham. (Sponsored by Charlie Fennemore)</p>
<p>Tuesday April 10 10am-noon CLL</p>	<p>The Last to Leave Vietnam Jim Mooney</p>	<p>Author, Chief Warrant Officer 4, US Army retired James C. Mooney will discuss his book <i>Tale of Two Tours</i>. Jim was a helicopter pilot in Vietnam and on the last plane transporting ground troops out of Vietnam. (Sponsored by Donna Lewis)</p>
<p>Wednesday April 11 10am-noon Klein Theatre</p>	<p>Play Discussion — Medea by Euripides, translated by Robinson Jeffers Helen Housley</p>	<p>A formidable and avenging woman turns the world upside down in Euripides' powerful play that pushed the boundaries of humanity's darkest side when first performed in 431 BC. In this critically acclaimed translation, Robinson Jeffers' gritty and visceral language captures the essence of Medea's rage, jealousy, and pride while revealing the capacity in all of us to do the unimaginable. Consumed by hate and fueled by revenge, the unending pain and devastation Medea leaves in her wake does not faze her at all, but changes forever all who resist her. Tickets will be available during and after class - Box Office 654-1124. The parking lot across from Klein Theater should be available for ElderStudy members. ElderStudy members may bring non-member guests to this session. (Sponsored by Bob and Carole Hanus)</p>
<p>Wednesday April 11 1:30pm-3pm Ridderhof Martin Gallery</p>	<p>Spring UMW Gallery Tour II Rosemary Jesionowski</p>	<p>We will begin the program with a visit to the Ridderhof Martin Gallery and then proceed to the duPont Hall Gallery ElderStudy members receive a personal discussion of each current exhibit by the director or curator of the UMW Galleries. You may choose to dine in the Maple Room on the fourth floor of the University Center (site of the former Chandler Hall) at a reduced rate before the tour. NOTE UNUSUAL START TIME. (Sponsored by Mary Ann Stana)</p>
<p>Thursday April 12 1pm-3pm UMW Stafford Campus Library</p>	<p>Book Group — A Man Called Ove by Fredrik Backman Dot Meyers</p>	<p>An inspiring affirmation of love for life and acceptance of people for their essence and individual quirks. A feel-good story about the angry old man next door and a thoughtful exploration of the profound impact one life has on countless others. (Sponsored by Dot Meyers)</p>

Tuesday
April 17
10am-noon
CLL

Marbles and Fish hooks, Buttons and Buckles: Washington's Youth on the Rappahannock
Laura Galke

The George Washington Foundation's discoveries at Ferry Farm have revealed a wealth of new information concerning George's youth. Prior to these excavations, little was known about Washington's early years. Historical documents and newly-unearthed artifacts are the foundation of the construction - and furnishing - of his re-created childhood home in Stafford County. Artifacts preserve evidence of young George's games, horse riding, hunting and fishing. Archaeological discoveries reflect the investments that a maturing George and his family made in attire, dining accessories, furnishings, and landscape organization. These emblems of refinement were part of a strategy for overcoming setbacks and exhibiting gentility to the surrounding community. (Sponsored by Randy Fennemore)

Wednesday
April 18
10am-noon
Visitor Center,
Ferry Farm
TOUR - RSVP

Ferry Farm
Vicki Hayes

Be treated to an inside look at George Washington's boyhood home. This tour is limited to 40 members. **RSVP to Michelle Esbenschade by email at esbt@hotmail.com or at 703 2023-4113** by April 9, 2018. There will be a \$4.50 fee payable the day of the tour. **DIRECTIONS:** Take Business Route 3 (William Street) east through the city of Fredericksburg. Cross the Rappahannock River and proceed through three lights. After the third light (Ferry Road), you will see Ferry Farm on your right. The entrance is about 1/10th of a mile after the light. Meet in the visitor center. (Sponsored by Michelle Esbenschade)

Wednesday
April 25
1pm-3pm
CLL

Climate Change
Sandy Lovell

Germanna Professor of Geography, Sandy Lovell will explore the many facets of climate change and why we all should keep an open mind. (Sponsored by Joe Alfred)

May

Tuesday
May 1
10am-noon
CLL

Gluten: To Eat or Not to Eat - That is the Question
Chuck Block

Dr. Block, MD and ElderStudy member, will provide us with the facts relating to gluten in our diet. He will look at the medical diagnosis of gluten disorders and then focus on the risks and benefits related to a gluten free diet. (Sponsored by Chuck Johnson)

Thursday
May 3
10am-noon
CLL

Fitness and Wellness Training
Garrett Green

Personal fitness trainer Garrett Green will present a session on injury prevention and proper exercise techniques. He will discuss how he and his team's chiropractors delve into the topic of chronic pain and its management, issues that many of us deal with throughout our lives. (Sponsored by Donna Lewis)

Tuesday
May 8
10am-noon
CLL

Fitzhugh Lee Comes Full Circle
Beth Daly

ElderStudy member Beth Daly will describe the career of Fitzhugh Lee, nephew of Robert E. Lee. Fitz Lee graduated from the US Military Academy at West Point and became a cavalry officer in the US Army and the Confederate Army. After the war, Fitz rebuilt the Richland farm located in Stafford, married his 18-year old sweetheart Mary Bolling, and was elected the 40th governor of Virginia. (Sponsored by Randy Fennemore)

Wednesday **Kenmore Plantation**
May 9
10am-noon
1201 Washington
Avenue, VA 22401
TOUR - RSVP

Meet at Kenmore Plantation, 1201 Washington Avenue, Fredericksburg for a guided tour of the original plantation house owned by Fielding and Betty Washington Lewis (George Washington's sister) and a tour of the museum, gardens, and grounds. The tour is limited to 40 members. Enter through the front gates to the Crowninshield Museum on the left. A small gift shop is available. There will be a \$5.00 fee that will be collected on the day of the tour. **RSVP Michelle Esbenshade esbt@hotmail.com or 703-203-4113** by April 30, 2018. **DIRECTIONS:** From Route 3, turn onto Business Route 3 (Williams Street). Pass through 2 traffic lights and then turn left at corner where there is the Confederate Cemetery and the old Free Lance Star Building. Approximately two blocks later you will see Kenmore on the right. Use on street parking.
(Sponsored by Michelle Esbenshade)

Thursday **Book Group — Conclave by Robert**
May 10 **Harris**
1pm-3pm Rose Reif
UMW Stafford
Campus Library

The best selling author of *Enigma* and *Fatherland* turns to today's Vatican in a ripped-from-the headlines novel and gives us his most ambitious, page-turning thriller yet - where the power of God is nearly equaled by the ambition of men. (Sponsored by Dot Meyers)

Wednesday **Preparation for the Potluck**
May 16 **Luncheon**
1pm-3pm
Spotswood
Baptist Church

Volunteers are needed to prepare the dining space for the potluck luncheon. Contact Eugenia Jones at eugenia13812@yahoo.com or 786-8987 if you can help. (Sponsored by Eugenia Jones)

Thursday **End of Year Potluck Luncheon**
May 17
11:30am-2pm
Spotswood
Baptist Church

Join your colleagues for our annual end of year potluck luncheon at the Spotswood Baptist Church, 4009 Lafayette Boulevard. Further details will be provided. (Sponsored by Eugenia Jones)

Tuesday **Allan Town: Who Knew? Walking**
May 22 **Hanover Street**
10am-noon Scott Walker
Hurkamp Park
TOUR - RSVP

Walk with the Tourmaster Scott Walker of Hallowed Ground Tours through one of the city's premier neighborhoods, centered on Hanover Street to the edge of the old city. **DIRECTIONS:** Meet in Hurkamp Park at the corner of William and Prince Edward Streets. **RSVP Mary Ann Stana, mastana10@hotmail.com or 604-5634.** The tour is limited to 35 participants. (Sponsored by Mary Ann Stana)

Tuesday **The Forty Days - Wilderness to**
May 29 **Petersburg**
10am-noon Joe Alfred
CLL

ElderStudy member Joe Alfred will discuss the campaign in Virginia that brought the Civil War to a close. Joe will compare and contrast the strategy and tactics of General Grant and General Lee in the battles of the Wilderness, Spotsylvania Courthouse, Cold Harbor and Petersburg as well as the impact of the decisions of President Lincoln and President Davis. (Sponsored by Joe Alfred)

Wednesday **Membership Committee Meeting**
May 30 **II**
11am-noon
CLL

The Membership Committee handles publicity, the newsletter, maintaining the website and planning social events. Members are always welcome to attend our meetings. **NOTE UNUSUAL START TIME.** (Chaired by Donna Lewis)

Wednesday
May 30
1pm-3pm
CLL

Administrative Committee Meeting II

The Administration Committee develops policies and plans for operating the organization. It reviews governing documents, updates the Policies and Procedures, monitors finances and projects future needs, proposes an annual budget and annual fees. Members are always welcome to attend Committee meetings.
(Chaired by John Thompson)

Thursday
May 31
10am-noon
CLL

Harps and their Music
Mary Triola

From the cave paintings of Le Trois Frere to modern factories in Chicago, the harp has enjoyed a long and fascinating transformation over time. In this program Mary Triola will speak about harps around the world and demonstrate on African, Celtic - Irish, Scottish and Welsh harps, and historical harps. Participants will also get a chance to try them out for themselves! (Sponsored by Bill Wemmerus)

June

Wednesday
June 6
10am-noon
CLL

Board of Directors Meeting

Board meetings are open to all ElderStudy members. Come and witness firsthand the decision-making process that ensures ElderStudy is meeting its objectives. This is a chance for all members to suggest new ideas for the organization directly to the Board and to committee chairpersons. (Chaired by President Jack Allison)

Wednesday
June 6
Noon-12:30pm
CLL

Secure the CLL

Secure the classroom (microphone, etc.) (Sponsored by Alan Zirkle)
